

Continuing Medical Education on 'HbA1c Update'



During the inauguration

Dr.M.C.Deepak Chief Guest delivering talk

The Institute of Biochemistry, Madras Medical College, Chennai conducted a CME programme on '**HbA1c Update**' on 21st December 2009 at the Seminar Hall of the Department as part of Post Centenary Platinum Jubilee celebrations of Madras Medical College

The CME was well attended with over 100 delegates registering for the programme. The delegates included biochemistry faculty members from Medical Colleges from all over the state including Retired Professors & Directors of the Institute, & Faculty from the Institute of Diabetology, Govt. General Hospital.

Dr.Ambika Shanmugam, one of the earliest Professors & Head, Department of Biochemistry Madras Medical College graced the occasion. She was in fact a teacher to many present professors and her Text Book on Biochemistry is still popular and widely read by students from medical and allied branches

Dr.M.C.Deepak Consultant Diabetologist Madhav Diabetes Centre Chennai was invited as Chief Guest to deliver a special talk on the recent developments in the diagnosis of Diabetes Mellitus

Dr.K.Ramadevi, Additional Professor of the Institute welcomed the delegates

Mr. Krishnan Sridhar, of Bio-Rad Laboratories India Pvt..Ltd. who sponsored the CME introduced the Guest Speaker, Dr.M.C.Deepak

Dr.J.Mohanasundaram, Dean Madras Medical College delivered the inaugural address and paid rich tributes to the former Professor, Dr.Ambika Shanmugam

Dr.Pragna B.Dolia, Director, Institute of Biochemistry, Madras Medical College, talked at length about the generation and role of Advanced Glycation End Products in the pathogenesis of Microvascular complications of Diabetes Mellitus and as to how hyperglycemia plays havoc in the body through the formation of AGE

Dr.V.K.Ramadesikan, Assistant Professor, Institute of Biochemistry, spoke in detail about the nomenclature of Glycated Haemoglobins, the principle of various methods in use for its estimation and the plus and pitfalls of each of them

Dr.M.C.Deepak, Chief Guest, talked at length about the changing scenario in the diagnosis of Diabetes Mellitus and highlighted the new role of HbA1c, which can be used even in the diagnosis of Diabetes Mellitus in addition to its present role in monitoring the control of glycemia in Diabetic Patients.

He quoted many research papers on the role of HbA1c in the monitoring and diagnosis of Diabetes Mellitus.

Dr.I.Peryandavar, Additional Professor of Biochemistry, Institute of Diabetology, Govt. General Hospital, concluded the proceedings with a talk on the need for careful interpretation of HbA1c results in various associated disease conditions and complications of Diabetes Mellitus

Dr.Shyamraj, proposed the vote of Thanks

The programme ended with a high lunch sponsored by BioRad Laboratoires India pvt.Ltd. who sponsored the CME.



Dr.V.K.Ramadesikan & Dr.I.Peryandavar during presentation